

# Helping people shine

The Works know the importance of their team's wellbeing and have implemented management and wellbeing online learning as part of their blend. Here's some of their remarkable results:



**1,005,127**

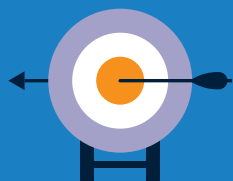
minutes of online learning delivered

**“ Everything was amazing, I will be more focussed on people's behaviour now”**



would like to do more online courses

**92%**



felt their team's performance would improve

**94%**



said the courses were easy to use

**97%**



**“ One of the best courses I've done in a long time, encompassed everything I believe in about leading a good team”**

**“ Short and sweet, just the right info not bogging you down”**

**“ I learned coping skills to help my colleagues and myself”**

**“ It's helped me as a new manager to handle difficult situations, and to take a breather myself”**

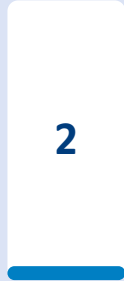
- Since completing the online learning, how much better are you at recognising poor mental health in yourself and others?

0 responses



Still don't notice

6 responses



23 responses



46 responses



31 responses



I can usually spot it

Average rating  
**4.0**

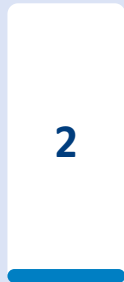


0 responses



Still can't handle it

6 responses



27 responses



47 responses



26 responses



Now I can do something

Average rating  
**3.9**



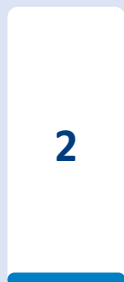
- Since completing the online learning, do you feel the company listens to you, values you and invests in your life skills?

4 responses

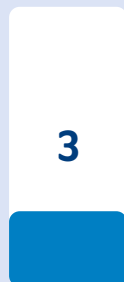


A lot less

6 responses



29 responses



36 responses



31 responses



Much more

Average rating  
**3.8**



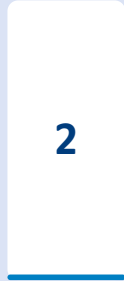
- Since completing the online learning, has your opinion of the company and how it treats its people changed?

2 responses



Much worse now

3 responses



33 responses



35 responses



33 responses



Much better now

Average rating  
**3.9**



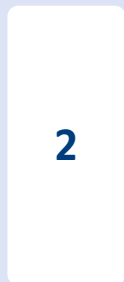
- Since completing the online learning, has the knowledge and skills gained enabled you to improve your and your team's performance at work?

3 responses



Much the same

1 responses



25 responses



44 responses



24 responses



Getting a lot more done

Average rating  
**3.8**



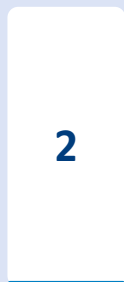
- Since completing the online learning, do you feel you are able to make positive changes at work to benefit your team's wellbeing?

1 responses

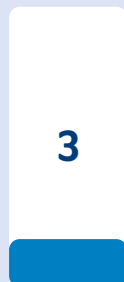


Not really

3 responses



19 responses



54 responses



29 responses



For sure, much more

Average rating  
**4.0**

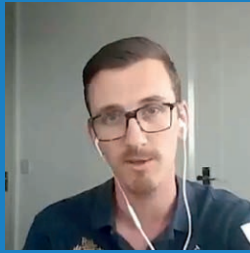


# has a lot of stars, we help them shine

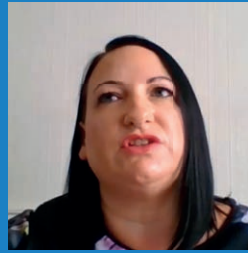
## A few of the stars we spoke to:



**Peter Harris**  
Learning and Development Partner



**James Bullock**  
Senior People Partner



**Vicki Tooth**  
Operational Trainer



**Darren MacDonald**  
Retail Operations Director

TheWorks.co.uk use the following:



**Mental Resilience**



**Learning Platform**



**Managing People**



**Easy Course Builder**

## To hear more about how team at The Works stay successful check out the videos here:

[upskillpeople.com/theworks-on/](https://upskillpeople.com/theworks-on/)  
or scan the QR code to the right

